

# MENU

## FOOD

### BREAKFAST

#### LIGHT

* MUFFIN (SAVOURY / SWEET)		\$4.80
SPICED BANANA BREAD WITH BUTTER	(V)	\$7.50
* TOASTIE OF THE DAY		\$9.00
YALLINGUP WOODFIRED TOAST X2 WITH BUTTER + CONDIMENT	(V)	\$6.00
YALLINGUP WOODFIRED FRUIT TOAST X2 WITH BUTTER	(V)	\$7.00
PREMIUM HAM AND SWISS CHEESE CROISSANT		\$7.00

#### FULL BREAKFAST

* SHAKSHUKA WITH EGGPLANT AND BAKED EGGS	(V)	\$12.50
* HOME MADE BAKED BEANS AND BAKED EGGS	(V)	\$12.50
MUESLI, POACHED PEAR, YOGHURT + MILK (WARM OR COLD)	(V)	\$11.00
SCRAMBLED EGG + PROSCIUTTO WRAP (BEST TOASTED)		\$10.50

### LUNCH

HALVED AND STUFFED AUBERGINE	(V)	\$9.50
STUFFED CAPSICUM	(V)	\$9.50
SPANAKOPITA	(V)	\$10.00
SOUP OF THE DAY + YALLINGUP WOODFIRED BREAD		\$9.50
VEGETABLE TART	(V)	\$9.50

### SIDES + EXTRA'S

ROASTED VEGETABLES + COUS COUS SALAD	(V)	\$5.00
HOMMUS	(V+)	\$1.00
GREEK YOGHURT	(V)	\$1.00
CONDIMENT: (FRENCH BUTTER, JAM, HONEY, PEANUT BUTTER, VEGEMITE,)		\$1.00

\* CHECK DAILY FOR AVAILABILITY

(V): VEGETARIAN | (V+): VEGAN

# MENU

## DRINKS

MILK LAB ALMOND + SOY (V+) |  
BROWNES DAIRY FRESH MILK + LACTOSE  
FREE + SKIM | AUSTRALIAN MACADAMIA  
MILK (V+) | COCO QUENCH

## COFFEE

G R O U N D E D. PROUDLY USES  
PRECISION COFFEE. OUR SIGNATURE  
BLEND FOR OUR CAFÉ IS ROBUST WITH  
NO BITTER AFTERTASTE, SMOOTH ON  
THE PALATE AND LASTING ON THE BACK  
OF THE TONGUE, WITH SUBTLE NUTTY  
NOTES AND AN ALMOST SWEET FINISH  
THAT LEAVES YOU WANTING MORE.

*"OUR CUSTOM BLEND IS VERSATILE AND  
TASTY WITH A VELVETY SMOOTH  
FINISH".*

## RETAIL

TAKE HOME A BAG OF OUR CUSTOM  
CHOSEN BLEND TO GET THE G R O U N  
D E D. EXPERIENCE!  
HOUSE BLEND OR DECAF

250G	\$15
500G	\$25
1KG	\$45

## HOT DRINKS

FLAT WHITE | LATTE | CAPPUCCINO |  
LONG BLACK

REGULAR	\$4.00
MUG	\$4.80

ESPRESSO

SINGLE	\$3.00
DOUBLE	\$3.60

MACCHIATO

SHORT	\$3.80
LONG	\$4.50

## DIRTY CHAI

REGULAR	\$5.50
MUG/TA 12 OZ	\$6.30
TA 16 OZ	\$6.80

## CHAI LATTE

TALL GLASS	\$5.00
TA 12 OZ	\$5.80
TA 16 OZ	\$6.20

## MOCHA

MUG	\$5.00
TA 16 OZ	\$6.20

## HOT CHOCOLATE

TALL GLASS	\$4.90
TA 12 OZ	\$5.40
TA 16 OZ	\$6.20

## TOTS

BABYCINO	\$1.80
* EVERY TUESDAY 1 FREE PER TOT	

## SPECIALTY DRINKS

TURMERIC LATTE  
MATCHA LATTE  
CHOC BEETROOT

MUG	\$5.00
TA 12 OZ	\$5.00
TA 16 OZ	\$6.20

## EXTRA'S

SHOT OF COFFEE	\$0.50
MILK LAB SOY	\$0.50
BONSOY SOY	\$1.00
MILK LAB ALMOND	\$1.00
COCO QUENCH	\$0.50
LACTOSE FREE	\$0.50
ICE CREAM	\$1.00

\* DECAFF NO EXTRA CHARGE

## SPECIALTY COLD

ICED LATTE	\$5.80
ICED LONG BLACK	\$4.50
ICED TEA	\$4.90
ICED CHOCOLATE	\$5.80
ICED CHAI	\$5.80
ICED MATCHA	\$5.80
MILKSHAKE + ICE CREAM (SYRUP: CARAMEL, BANANA, CHOCOLATE)	\$6.50

## TEA

G R O U N D E D. PROUDLY USES SEVEN SEAS TEAS, HANDCRAFTED IN MARGARET RIVER AND PRODUCING THE FRESHEST AND TASTIEST LOOSE LEAF TEAS, ASPIRING TO SOURCE ORGANIC WHEREVER POSSIBLE.

POT FOR 1	\$4.80
POT FOR 2	\$6.80

### BLACK TEA

ORGANIC ENGLISH BREAKFAST  
ORGANIC EARL GREY

### GREEN

AUSTRALIAN SENCHA GREEN

### HERBAL TEA

ORGANIC OUT OF AFRICA ROOIBOS  
ORGANIC MASALA CHAI  
ORGANIC LEMONGRASS + GINGER  
ORGANIC JUST PEPPERMINT  
ORGANIC EGYPTIAN CHAMOMILE

## FRESH JUICE

– winter menu:

FRESHLY SQUEEZED O.J		
CUP		\$6.50
1 LITRE		\$11.50

## SMOOTHIES

– winter menu:

ALL	\$9.50
-----	--------

### MIXED FRUITS

ALMOND MILK, RASPBERRIES,  
STRAWBERRIES, BLUEBERRIES,  
BANANA

### GREEN MACHINE

BABY SPINACH, BANANA, AVOCADO,  
PINEAPPLE, AND COCONUT WATER